

# TRIM & FIT *vs* OTHER WEIGHT LOSS PROGRAMS

Losing weight is a challenge, and with the dozens of weight loss solutions available online or through your pharmacy, it's easy to feel overwhelmed.

Find out how the Trim & Fit weight loss program compares to top trending weight loss regimens and supplements—and why patients can't stop talking about their results.



**15%**

## IT ACTUALLY WORKS (SOMETIMES TOO WELL)

Trim & Fit patients lose an average of 15% of their body weight within one year. Some patients are taken off the plan early due to exceeding their weight loss goals.

## IT'S NOT JUST ABOUT WEIGHT LOSS

As a metabolic program, Trim & Fit focuses on improving all aspects of your health as well as weight loss, including your mental focus, memory, sleep, sexual health, and more.



**40%**  
Of Adults Have  
Metabolic Syndrome

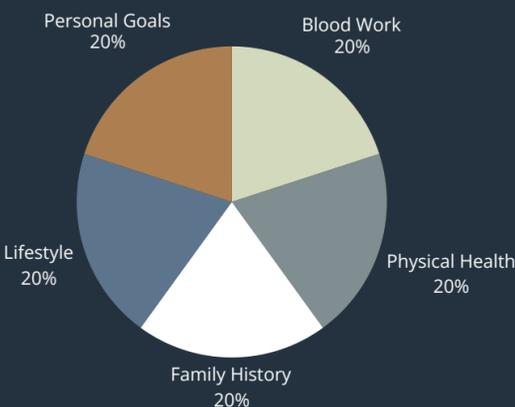
## IT TREATS THE ROOT CAUSE OF WEIGHT GAIN

Instead of using bandaids to treat your body's changing metabolism, Trim & Fit targets metabolic dysfunction, the most common cause of stubborn fat build-up in adults over 40.



## YOU WON'T LOSE MUSCLE OR BECOME HYPOGLYCEMIC

Unlike some supplements or treatments, you lose weight without sacrificing muscles, damaging your body, or suffering the symptoms of low blood sugar.



## IT'S PERSONALIZED TO YOU

Trim & Fit isn't a one-size-fits-all pill or regimen you follow.

We customize your plan based on your blood markers, physical health, family history, lifestyle, and personal health goals.

## RESULTS ARE BASED ON MORE THAN YOUR SCALE

We use comprehensive blood work and body composition scans to track your progress. You can see your improvement, even in the early stages when your scale may stay the same.



## YOU RECEIVE CONSISTENT MEDICAL GUIDANCE

An experienced physician monitors your progress to help you see how far you've come and ensure you're doing what's best for your health.



## WE ONLY SOURCE HIGH-GRADE SUPPLEMENTS

Our team uses higher-quality, better-regulated, FDA-approved, and thoroughly tested products to ensure they provide the best results possible.



## IT'S CONVENIENT FOR BUSY SCHEDULES

We offer telehealth options to be combined with in-person consultations, so you can attend some of the applicable follow-ups from the comfort of your home.

# DON'T JUST LOSE THE WEIGHT. IMPROVE YOUR OVERALL HEALTH.

With Trim & Fit, consistent and maintained weight loss is only part of the equation. We care just as much about your life longevity, wellbeing, and peace of mind as we do about your self-confidence.

If you're fed up with stubborn fat that won't go away regardless of what you do, Trim & Fit is an excellent way to get into shape while boosting your cognitive function, memory, sleep, and sexual health. Schedule a consultation now to get started.

**SCHEDULE A CONSULTATION**