

# 6 WAYS TO LOOK STUNNING AT THE BIG WEDDING

Whether you're the bride, mother of the bride, mother of the groom, or a bridesmaid, you want to look incredible for the wedding. But preparing for the big day can be highly stressful, and too often your appearance gets put on the backburner.

## DON'T LET STRESS AND BUSINESS KEEP YOU FROM FEELING BEAUTIFUL!

Take a short break from planning and **try out these six beautifying products and treatments** so you can feel confident all day — whether you're walking down the aisle or cheering from the sidelines!

1

### PLUMP UP YOUR LIPS, ADD VOLUME TO YOUR CHEEKS, AND MINIMIZE WRINKLES WITH INJECTABLES.

If you are looking for treatments that subtly enhance your natural beauty, injectables are a quick and easy solution. **JUVÉDERM® ULTRA XC** gives your lips added volume and fullness for soft, supple, kissable lips. Using the same FDA-approved technology, **BOTOX** can turn back the clock on your skin, providing you with a healthy, youthful appearance for up to four months. We recommend scheduling your injectables treatment at least two weeks before the event.

2

### GET A WEDDING DAY GLOW WITH HYDRAFACIAL.

Who doesn't want a supple, soft glow? **HydraFacial's** dual-action purifying and moisturizing properties clean your skin of impurities while improving skin health and texture. Schedule your treatment five days before the wedding. Or, for a more drastic appearance, consider getting one treatment a month leading up to the big day.

3

### ACHIEVE WEIGHT LOSS GOALS WITH HCG.

Yes, you can fit into that skinny dress by the time the wedding comes around. With the HCG diet, you can lose weight fast and maintain your results. The diet combines a low-carb, low-fat meal plan with human chorionic gonadotropin (HCG) supplementation. This hormone is produced in large amounts in the first three months of pregnancy.

4

### OBTAIN THE SLIM FIGURE YOU'VE ALWAYS WANTED WITH SCULPSURE.

Want to look slender in every wedding day photo? **SculpSure** is the way to go. SculpSure, the most advanced fat-burning technology in the nation, targets and heats fat cells underneath the skin without affecting the skin's surface. The results are natural-looking and permanent, and there is no downtime. You'll need to schedule your SculpSure treatments at least 3 months in advance for a noticeable improvement.

5

### IMPROVE THE APPEARANCE OF FINE LINES AND WRINKLES WITH ZO DAILY POWER DEFENSE.

Don't have the time for a full spa treatment? With **ZO Daily Power Defense**, you can pamper your skin and minimize signs of aging every day. The powerful antioxidant serum does more than just improve the appearance of fine lines and wrinkles; it also prevents future damage. The retinol formula works better the longer you use it, so try it out a few months before the wedding for best results.

6

### BOOST YOUR ENERGY & REPLENISH LOST MICRONUTRIENTS WITH IV THERAPY.

Weddings can be exhausting. The preparations? Even more so. A contributing factor to the pre-wedding crashes is often a lack of essential macronutrients. **IV therapy** can help restore your energy by proving vitamins and minerals directly to the bloodstream, allowing for 100 percent absorption. **Reset your system with a Fatigue Remedy infusion a day or two before the wedding.**



## FEEL CONFIDENT. CATCH THEIR EYES. IMPROVE YOUR HEALTH.

A healthy woman is a beautiful woman. Whether you want to melt away stubborn fat, reverse signs of aging, boost your energy levels, or maintain a youthful appearance, these six products and treatments are designed to improve your health from the inside out.

### Ready to get started?

**Schedule a complimentary consultation with The Resurge Clinic**, and we'll create a customized skincare and health strategy to help you achieve your goals. We have helped thousands of men and women look and feel their best, and we would love to help you as well.

SCHEDULE A CONSULTATION